

Carnets PRESTIGE and BASIC are the most recommended from of exploiting the full range of our FIT&HEALTH area without any limit:

CARNET PRESTIGE* price 290 PLN/MONTH	CARNET BASIC* 230 PLN/MONTH
<ul style="list-style-type: none"> -access to the Wellness&SPA area with swimming pool -steam room and dry sauna -activities with instructor -access to the cardio room and gym -individual training plan -body composition analysis and survey of physical activities effects -dietician consultation -10 % discount on physiotherapy treatments 	<ul style="list-style-type: none"> -access to the Wellness&SPA area with swimming pool -steam room and dry sauna -activities with instructor -access to the cardio room and gym - body composition anaalysis and survey of physical activities effects

*Carnets PRESTIGE i BASIC are personal, it is not allowed to use it by third parties.

* Use of infrastructure in opening hours: 9.00 a.m – 9.00 p.m. and according to scheduled sessions.