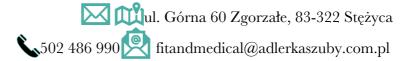


Resort Adler Medical SPA

Carnets PRESTIGE and BASIC are the most recommended from of exploiting the full range of our FIT&HEALTH area without any limit:

| CARNET PRESTIGE* | CARNET BASIC* |
|--|--|
| price 290 PLN/MONTH | 230 PLN/MONTH |
| -access to the Wellness&SPA area with | -access to the Wellness&SPA area with |
| swimming pool | swimming pool |
| -steam room and dry sauna | -steam room and dry sauna |
| -activities with instructor | -activities with instructor |
| -access to the cardio room and gym | -access to the cardio room and gym |
| -individual training plan | - body comporition anaalysis and survey of |
| -body comporition analysis and survey of | physical activities effects |
| physical activities effects | |
| -dietician consultation | |
| -10 % discount on physiotherapy treatments | |

^{*}Carnets PRESTIGE i BASIC are personal, it is not allowed to use it by third parties.



^{*} Use of infrastructure in opening hours: 9.00 a.m - 9.00 p.m. and according to scheduled sessions.